

Here is a list of recommended materials for your fishing trip:

- 01) Fishing license
- 02) Yellow fever vaccine
- 03) Sunscreen
- 04) Mosquito repellent and "anti-itch" cream
- 05) Personal hygiene supplies (toothbrush, toothpaste, soap, shaving cream, comb, etc.)
- 06) Prescription drugs

07) First aid kit (aspirin, Tylenol, Advil, gauze, cotton, band-aid, tape, glove, scissors, needle)

08) Kit for rehydration in cases of vomiting and diarrhea (sugar and salt to make the homemade serum, rehydration fluids such as Gatorade or Hydrafix), and remedies for stomach sickness)

09) Sore throat remedy, cold/flu medicine, eye drops

10) Polarized sunglasses ( and don't forget your prescription glasses or spare contact lenses if you use them )

- 11) Rain gear
- 12) Sunshield hat
- 13) Cap/hat

14) Several short and long sleeve shirts, light clothing, preferably white cotton with UV protection (highly recommended), socks, underwear, etc

- 15) Jacket and pants
- 16) Shorts
- 17) Sandals
- 18) Rubber boots
- 19) Fishing gloves
- 20) Flashlight
- 21) Knife for personal use and nail scissors
- 22) Multipurpose pocket knife
- 23) Matches and lighter
- 24) GPS, mirror, and whistle
- 25) Tacklebox
- 26) Photographic / video camera
- 27) Cell phone
- 28) Passport and ID (protect on zip-lock bag)

Note: Check the weight of your luggage as there are weight limits on flights, especially if your trip includes small aircraft. In this case, the weight limit is normally 40 pounds per person divided as follows: one 10 lb. carry-on piece of luggage and one 30 lb. checked bag - a soft duffle bag with no rigid bottom (except for rod cases). (If you have only one soft duffle bag it must be no bigger than length: 30in; Width: 22in; Height: 11in).